

# Case study



Daily Juice  
Pre and Pro-biotic  
**BEST NON-DAIRY  
BEVERAGE**



180 Nutrition Good  
Sport™  
**BEST DAIRY  
BASED BEVERAGE**



Simply Nuts  
No Added Salt  
**READERS CHOICE  
BEST SPREAD**



The Complete Dairy  
Light Milk  
**BEST MILK  
(DAIRY)**

## AUSTRALIAN HEALTHY FOOD GUIDE AWARDS: **FOUR BEGA PRODUCTS RECOGNISED** FOR THEIR NUTRITIONAL VALUE

Healthy Food Guide Magazine sponsors the Healthy Food Guide Awards which celebrate the healthiest packaged food products available to the Australian market.

Every year, an expert panel of practising nutritionists and dietitians analyses products from hundreds of brands across major food categories to discover the most nutritious and best value for money packaged food products.

Four of our products won awards in their respective categories in 2022 for their nutritional credentials and great value.

**THE 2022 AWARD-  
WINNING PRODUCTS  
ARE:**

**180 NUTRITION GOOD SPORT**

**SIMPLY NUTS NO ADDED SALT**

**THE COMPLETE DAIRY  
LIGHT MILK**

**DAILY JUICE PRE AND  
PRO-BIOTIC JUICE**